

# Work for Foundation Subjects

Week commencing 8<sup>th</sup> June 2020

Key stage 3 – Years 7, 8 and 9



## Theme of the week

*Internet safety/Safety at home*

In this topic we will explore:

- The dangers of being online
- What to do if you are being cyberbullied
- How to be safe when using a chat room.
- How to make sure you are safe when using the Internet
- How to make sure you are safe at home

Choose some of the tasks to do below:

Complete the Internet safety word search. Choose 2 of the words from the word search and write a sentence explaining what the word means.

Write down 3 examples of how we (might) use technology to communicate with people we know. How might we use the following to keep in touch with friends and family?



Tell an adult 3 risks of talking to somebody online that you do not know 'a **stranger**'.

What is Cyber bullying? Can you create a poster and tell me what it is, how might people cyberbully and what should you do if somebody is mean and nasty to you online? Can you then explain this to an adult? Keywords to help: Block, Report, Tell somebody.



What would you do if you got a message like this?

Stay safe and do the internet rap, please be careful, watch your back 'cos life's too short and good and fun so let's be safe and we'll have won.

Can you come up with a rap for e-safety?

Write a list of 3 ways of staying safe at home.

Can you share them with an adult?

Can you complete the worksheet 'A safe house'. You can draw or write your points.

Look at the tips of how to stay safe in a chatroom.

Can you tell one of your friends 3 tips on how to stay safe in a chatroom.

See if they can tell you any others?

Walk around the house with an adult. Tell them 3 things in the kitchen that could be dangerous and how you can make sure you are as safe as possible.

## Helpful information

### Dealing with Cyber bullying

Don't give out your contact details

Don't send your photo to anyone



Contact the website

Tell someone – don't suffer in silent

Don't respond back

### Staying safe in chatrooms

Don't meet up in real life on your own

Use a Nick Name

Don't give out your contact details

Don't send your photo to anyone

Stay in the public chatroom



Don't open attachments from people you don't know

# Internet Safety



n p t l l o r t t w  
s c s s a f e t y v  
g d d f m f j d c v  
n r r n s a e d a i  
i e o l p c e n v r  
t t w i a e z e i u  
t t s q m b v i r s  
e i s d p o t r p d  
s w a s a o o f k u  
j t p y a k u u p t



settings  
safety  
twitter  
passwords  
friend

spam  
privacy  
facebook  
troll  
virus

Choose 2 of these words and write a sentence to explain what it means.

# A Safe House



Think about ways to stay safe in the home.  
Draw or write one top tip about safety for each room.

bedroom

bathroom

kitchen

living room

You can write or  
draw your safety  
tips.

Extension: Could you also include the garden?