

	Monday	Tuesday	Wednesday	Thursday	Friday
	Exercise with Joe Wicks or Oti Mabuse	Exercise with Joe Wicks or Go Noodle	Exercise with Joe Wicks or Oti Mabuse	Exercise with Joe Wicks or Go Noodle	Exercise with Joe Wicks or Oti Mabuse
<b>Session 1</b>	<b>English</b> Writing a postcard home. Comprehension activity.	<b>I.C.T.</b> Internet research about Spain.	<b>Finance</b> Read the brochure and fill in your holiday booking form.	<b>Homeskills</b> Try cooking a Spanish dish.	<b>Art</b> Drawing a Picasso style face.
<b>Break</b>	<p><b>During your break</b></p> <ul style="list-style-type: none"> <li>- go outside and listen to the sounds of Spring</li> <li>- have a drink and snack</li> <li>- draw a picture</li> </ul> <ul style="list-style-type: none"> <li>- do some exercise</li> <li>- phone a relative or friend to keep in touch</li> <li>- do some colouring</li> </ul>				
<b>Session 2</b>	<b>Communication</b> Learn some of the Makaton signs you might use at the beach. Look at the storyboard and talk about what you think is happening.	<b>Mini Enterprise</b> Make a summer fan. How much could you sell it for?	<b>Maths</b> Money skills using Euros.	<b>Active Learning in the Community</b> What kind of ice cream are you? – online quiz How many shops near you sell ice cream?	<b>Environment and Community</b> When you're out doing your daily exercise find 10 things that are the colours of the Spanish flag.
<b>Lunch</b>	Relax, have some lunch and enjoy the sunshine (hopefully)				

# Session

# 3

## P.S.S.

Personal safety abroad.

## Homeskills

What would you pack in your suitcase for holiday?

## Employability

Role play 'In the café' to practise your customer communication skills.

## Fitness

Watch this video of some traditional Spanish flamenco. Can you copy?

## Mindfulness

Mindfulness colouring or use the link to follow a mindfulness session.

